

How to Choose the Best female hair loss treatments

If a woman is suffering from hair loss then it can be extremely stressful and emotionally painful for them. Beauty is very important in today's society which can make our hair even more important, women especially value their hair very highly. This is why it's very important to try and find a solution for female baldness if you are suffering from it; fortunately there are many different female hair loss treatments available.

Topical Female Hair Loss Treatments

Topical treatments are those which are applied directly to the surface of the scalp, and are often an effective way of restoring hair growth. One popular drug is Minoxidil; this is sold under the brand name Rogaine in the United States. It has proved to be a very effective treatment option for anyone suffering from hair loss. This treatment is suggested for any woman with a family history of baldness.

This drug however takes time for the effects to be noticed, it is by no means an instant cure. It can actually take over four months for any new hair growth to be noticed. There are also a few risks; however these are minimal as long as it is not applied to broken skin.

Hair Extensions

If you don't want to go down the route of hair loss treatments then you might like to consider hair extensions. Synthetic hair extensions are fairly inexpensive and could be a great way to treat hair loss. However if you intend to color or curl your extensions then this can damage the extensions, in which case you may need to consider natural hair extensions.

Laser Treatment

There is also the option of a woman undergoing LLLT (Low Level Laser Light Therapy) this is another effective treatment solution for treating female baldness. The laser is aimed at the scalp; the idea is that it will improve the circulation to the scalp.

This works by using particular wavelengths which do not cause any damage to the skin. The improved circulation is beneficial because it improves the supply of nutrients, which in turn improves the health and quality of your hair. This treatment solution is one of the most popular ways of improving your hair loss condition without having to undergo surgery.

There isn't any reason why any woman should put up with baldness any longer; there are plenty of hair restoration solutions available. Although these may not work for everyone there must be one for you that will!

It's a good idea to talk to your doctor so that you can get an idea of any of the risks involved in any of these different options. Also discuss the current medication that you are taking to make sure that you will not make your problems worse.

About the Author

Anita Johnston is an expert in the field of [Female hair loss products](#), [female hair loss](#) and [hair loss prevention](#) due to many hours of research. You can learn more about [hair loss remedies](#) and hair loss control by visiting HelloHair.org

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